

Redstone Aquatics Center Rules

- Proper ID is required each visit.
- Shoes should be worn at all times while not swimming.
- Gum is not allowed in this facility, please discard in the trash.
- No glass or breakable items allowed.
- Tobacco products & alcohol are prohibited. Anyone suspected of using will be asked to leave immediately.
- Instructions of the staff will be promptly obeyed.
- Lifeguards have the right to prohibit any behavior they deem unsafe.

Pool

- Daily Pass/Membership pass must be verified for pool admittance each visit.
- Proper swim attire is required – street clothes and undergarments are NOT allowed in the pool.
- All swimmers must shower before entering the pool.
- No food allowed in the pool or outside of the bleacher/lobby areas.
- Personal Flotation Devices (PFD's) must be U.S. Coast Guard approved. If they aren't, they will need the approval of the Aquatics Manager or Lead Lifeguard on duty.
- Inflatables (donuts, individual arm floaties, loungers) are not allowed.
- Youth under the age of 16 wanting to use the pool:
 - Must be accompanied by a guardian 18 or over at all times.
 - Must be actively swimming laps or doing aerobic exercise, rehab, etc. – this is not a recreational facility.
 - May not sit on the pool deck or other fitness areas while their parent/guardian finishes their workout.

Racquetball Court:

- Youth under 16 years old are welcome to use the Racquetball Court but must be accompanied by a guardian at ALL TIMES.
- Proper eyewear must be worn at all times inside the court.

Sauna

- Nudity is strictly prohibited.
- For sanitary purposes all users must sit on a towel.