

Goss Road Pool Rules

Pool:

- No Breath Holding
- No Running
- No Excessive Horseplay, Piggyback Rides, or Splashing the Lifeguards
- No Food, gum, or drinks in the Pool. All food must remain at the tables.
- No Glass
- No Alcohol
- No Profanity
- No Street clothes in the Pool – Swimwear ONLY
- While sunbathing, straps must be done up.
- No Public Displays of Affection (PDA)
- No Smoking Allowed, Except in Designated Areas Outside of the Pool
- Shorts/Trunks must be worn above the hipbone.
- ONLY Coast Guard approved flotation devices are allowed. No air mattresses/rafts, donut floats, or water wings are allowed.
 - Life Jackets/Puddle Jumpers are available if needed.
- No excessive talking to the Lifeguards
- Kickboards are for lap swimming/swimming lessons only.
- 14-18 years old may be responsible for 1 minor.

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Diving Board:

- No T-Shirts, goggles, facemasks, life vests, noodles, snorkels, floaties etc. NO EXCEPTIONS
- No sitting or handstand dives
- Nothing but your feet may touch the surface of the diving boards
- NO DIVING FOR DISTANCE
- Jump/Dive straight off the end of the boards. DO NOT jump towards the side of the Pool
- Wait at the bottom of the diving board ladder until previous diver is in the water
- Only one person on the board at a time
- Only one bounce before leaving the board
- Swim directly to the NEAREST ladder to exit the pool. Do not cross over in front of the other board.

High Dive Specific: Everyone that goes up the ladder on the high dive MUST jump off. Coming down is PROHIBITED. The lifeguards will not allow you to go back down the ladder. We will have to call the fire department. Please consider before going up.

Slide:

- No T-Shirts, goggles, facemasks, life vests, noodles, snorkels, floaties etc. NO EXCEPTIONS
- Wait at the bottom of the diving board ladder until previous person is in the water
- Do not start your slide until the previous person has cleared the area under the slide
- Only one person on the slide at a time. No piggyback maneuvers
- No headfirst entries
- No sliding on your stomach
- No sitting or hanging at the bottom of the slide
- No swimming under the slide

Baby Pool:

- Children must be accompanied by their designated sponsor at all times.